



HealthWatch

A Publication of ON-SIGHT Senior Care

Why ON-SIGHT Senior Care?

Providing outstanding healthcare services to every resident is a challenging task. To support its care programs, this facility has contracted with ON-SIGHT Senior Care to provide specialized services that can improve your loved one's quality of life. We bring in trained doctors and staff, along with the latest equipment, to provide accurate and timely diagnosis and aggressive patient focused treatment. ON-SIGHT offers care in the following areas:

- **Comprehensive eye exams and optical services.** We help your loved one see better today, but also diagnose and treat eye diseases that can lead to premature blindness.
- **Complete podiatric care,** which is focused on preserving mobility both today and in the future, as well as potentially identifying the onset of other ailments such as diabetes and circulation issues.
- **Contenance care** is an innovative program in which specially trained nurse practitioners assess the causes and types of urinary incontinence. This reduces wetting accidents, skin irritation and urinary tract infections while restoring dignity in the geriatric resident.

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Protecting Vision From Macular Degeneration

Acute Macular Degeneration is an eye condition that affects the center of the retina. This is the leading cause of blindness in adults over the age of 50. This debilitating disease involves the deterioration of the inside back layer of the eye, which records the images we see and sends them through the optic nerve from the eye to the brain. This process functions much the same way film records images in a camera.

The retina's center portion, known as the macula, is responsible for focusing central vision in the eye, and controls our ability to read, drive a car, recognize faces or colors, and see objects in fine detail. As the disease progresses, central vision decreases and can eventually lead to complete loss of vision.

The most common early symptom of macular degeneration is vision distortion. Straight lines will not look straight; a telephone pole or doorframe may seem bent or crooked, as though seen through heat waves on a highway. Other symptoms include a dark gray spot, similar to the aftereffect caused by a flashbulb, in the field of vision, or objects appearing to be different sizes or colors in each eye.

With several new treatment technologies on the market, the future for patients with wet macular degeneration looks bright. But early diagnosis and treatment is critical, so be sure your loved ones get regular eye exams.